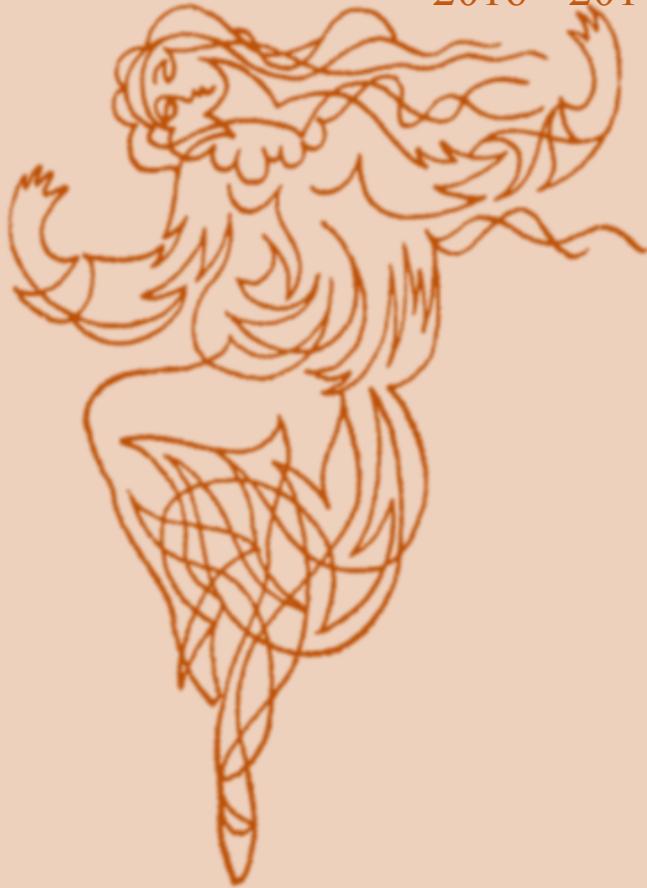




Academy of *Movement* and *Music*

2016 • 2017



The Academy of Movement and Music began unofficially in Stephanie Clemens' living room in 1971. By 1973, classes were held in a one-room storefront on South Boulevard in Oak Park. In 1977, the faculty had expanded with the growing student body (200) and the Academy incorporated and moved into three large studios and offices on Marion Street. By 1982, further growth necessitated the purchase of the Bishop Quarter Building at 605 Lake Street. Many wonderful parent volunteers helped to renovate the old school building during a busy month, and classes began there in January 1983. Later that year **MOMENTA**, the Academy's resident performing arts company, was incorporated and began to create its own theatre space in what had been the old gymnasium. Today the Academy houses an active preschool, Academy A.R.T.S., a large dance program, a music department, **MOMENTA**, The Doris Humphrey Society and The Doris Humphrey Memorial Theatre. There are currently more than 800 students taking courses here.

We have always had a commitment to quality in our faculty ~ not only selecting those teachers skilled and highly qualified in their own areas, but also deeply committed to the education and well-being of all of our students.

Whether the goal of a student is a professional career in the arts, or simply a step towards improved health or increased appreciation, we hope we can help by providing an opportunity and an atmosphere for learning.

It is primarily toward the achievement of these goals and toward helping each student to develop his or her greatest artistic potential that the Academy faculty is dedicated.

The Academy hopes that all students, including those who are gifted, as well as those who have challenges, will feel at home here and find stimulation and inspiration. Since movement and music are universal languages, peoples of all races, cultures and nationalities are welcome. Our faculty is justifiably proud of the successes of the talented and persevering few, but also rejoices in the progress made by each student. It is our purpose to make everyone's time here meaningful and beneficial.

To the youngest infant, to the advanced dancer, to the adult beginner, and to all children ~ We say welcome!

708 • 848 • 2329 • 605 Lake St. Oak Park IL.

www.academyofmovementandmusic.com

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2016-2017

DANCE SESSION	DATES
SESSION I	AUGUST 22 – OCTOBER 1
SESSION II	OCTOBER 3 – NOVEMBER 12
SESSION III	NOVEMBER 14 – DECEMBER 24
SESSION IV	JANUARY 9 – FEBRUARY 18
SESSION V	FEBRUARY 20 – APRIL 8
SESSION VI	APRIL 10 – MAY 20
RECITAL SESSION	MAY 22 – JUNE 9 (Recital students only)
SUMMER	JUNE 12 – JULY 28 (New Schedule)

DANCE OBSERVATION DATES
INTRODUCTION AND BALLET 1, 2, & 1/2A
NOVEMBER 28 THROUGH DECEMBER 10
MARCH 13 THROUGH MARCH 25
(OTHER LEVELS BY TEACHER INVITATION)

Annual Dance Recitals

The December Recital for Ballet Levels 3 thru 8 students is **December 10, 2016**. A recital fee of \$40.00 per student is payable with Session III, November 12.

The Jazz and Modern Recital is **May 13, 2017**. A recital fee of \$40.00 per student is payable with Session V, Feb. 18.

The Annual Ballet Recital is **June 10, 2017**. A recital fee of \$95.00 per student is payable with Session VI, April 8.

PRIVATE MUSIC	SESSION DATES
FALL SESSION	AUGUST 22 – NOVEMBER 12
WINTER SESSION	NOVEMBER 14 – FEBRUARY 18
SPRING SESSION	FEBRUARY 20 – MAY 20
SUMMER SESSION	MAY 22 – JULY 29

Music Recitals

During the year, the private music students have the opportunity to perform in numerous music recitals. Your child's teacher will notify you and your child when they are ready for their first recital. **A \$45.00 annual music recital fee is due at the time of registration.**

THE ACADEMY IS CLOSED ON	THE FOLLOWING DATES
LABOR DAY	MONDAY, SEPTEMBER 5, 2016
THANKSGIVING	THURSDAY, NOVEMBER 24 AND FRIDAY, NOVEMBER 25, 2016 (IN SESSION, NOVEMBER 26, 2016)
WINTER RECESS	SATURDAY, DECEMBER 24 THRU SUNDAY, JANUARY 6, 2017
SPRING RECESS	MONDAY, MARCH 27 THRU SUNDAY, APRIL 2, 2017
MEMORIAL DAY	MONDAY, MAY 29, 2017

Academy A.R.T.S. Preschool Programs

Academy A.R.T.S. Fee Schedule

Based on a 34 Week School Year

NUMBER OF DAYS	MONTHLY CHARGE
TWO MORNINGS OR AFTERNOONS PER WEEK	\$182.00
THREE MORNINGS OR AFTERNOONS PER WEEK	\$234.00
FOUR MORNINGS OR AFTERNOONS PER WEEK	\$280.00
FIVE MORNINGS OR AFTERNOONS PER WEEK	\$335.00
ANNUAL REGISTRATION FEE	\$45.00
ANNUAL MATERIAL FEE	\$150.00

The Academy A.R.T.S. program is a real SCHOOL - an educational experience designed to carefully and systematically nurture the precious developmental years of your child. Academy A.R.T.S. is a program for children 22 months to 6 years old.

A.R.T.S. classes run on a regular school year calendar, not by the Session as our Dance and Music classes do. The starting/finishing dates for the A.R.T.S. programs are:

Begins: Monday, August 29, 2016 or
Tuesday, August 30, 2016

Finishes: Wednesday, May 10, 2017 or
Thursday, May 11, 2017

Downstairs A.R.T.S. (22 months – 5 years) (Children Must Be 22 Months Old by Sept. 1, 2016)

DOWNSTAIRS A.R.T.S. MORNINGS (22 months – 4 years)

MONDAY AND WEDNESDAY AND/OR TUESDAY AND THURSDAY	8:45 - 11:00 AM
	8:45 - 11:00 AM

DOWNSTAIRS A.R.T.S. AFTERNOONS (22 months – 5 years)

MONDAY AND WEDNESDAY AND/OR TUESDAY AND THURSDAY	12:30 – 2:45 PM
	12:30 – 2:45 PM

A two, three, four or five days a week program that includes art, creative movement, music, physical fitness and a Montessori environment. Each day provides a balance between the teacher-directed movement



classes and child-directed art and Montessori based experiences. Downstairs A.R.T.S. children who are 3 ½ by September 1st may add Friday Upstairs A.R.T.S. Science/Montessori Day. *A mid-morning/afternoon snack is served. If your child has a food allergy that prevents him/her from having apple juice, pretzels or graham crackers, please let the office know. Children need leather ballet slippers and a backpack for class.*

Academy A.R.T.S. Preschool Programs

Upstairs A.R.T.S. (Ages 4 – 6)

(Children Must Be Four Years Old by September 1, 2016)

MONDAY AND WEDNESDAY	8:45 - 11:00 AM
TUESDAY AND THURSDAY	8:45 - 11:00 AM
FRIDAY	8:45 - 11:00 AM

A morning only program for two, three, four or five days a week with creative movement, production shop, music, art, cultural awareness, dance, physical fitness, children's literature, Montessori and science.



Courses are united around common themes, concepts (shape, color, time), seasons, and cultures around the world. Children who attend on Tuesday and Thursday will perform in three shows in the course of the year. *A mid-morning snack is served. If your child has a food allergy that prevents them from having apple juice, pretzels or graham crackers, please let the office know.*

Children need leather ballet slippers for class.

Science, Construction & Montessori

(Ages 3 ½ - 6 years)

Children need leather ballet slippers.

FRIDAY	12:30 – 2:45 PM
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TUITION: \$110.00 PER MONTH, BASED ON A 9 MONTH SCHOOL YEAR.

BEGINS: FRIDAY, SEPTEMBER 2, 2016

FINISHES: FRIDAY, MAY 5, 2017

This is an exciting year long opportunity for children 3 ½ - 6 years old to spark their curiosity by doing hands-on science projects, to develop their imaginations by exploring construction using the schematics for many different kinds of building materials, and to experience Montessori materials and methods for practical life, sensory and early academic learning.

This is a 2 ¼ hour class. *A simple snack is available to the children – usually graham crackers or pretzels and apple juice or water. Please inform the office of any allergies when registering. Children need leather ballet slippers for class.*



Uniform Requirements

Uniform Requirements for Introduction to Ballet 1, 2, & 3:

- Girls** White, long-sleeved scoop-necked leotard, white bando tutu, pink tights, pink leather ballet slippers
Hair needs to be pulled back securely and out of eyes.
- Boys** Black tights, white T-shirt,
 black leather ballet slippers

Uniform Requirements for Ballet 1 & 2:

- Girls** Ballet 1 & 2: Pink, long-sleeved scoop-necked leotard, pink tights, pink ballet slippers, pink wrap skirt (optional). Hair needs to be pulled back securely and out of eyes.
- Boys** Black tights, white T-shirt,
 black leather ballet slippers

Uniform Requirements for Ballet 1/2A thru 11:

- Girls** Plain Black TANK-top leotard, pink tights, pink leather ballet slippers, black 5" inseam bike shorts (optional)
Hair needs to be pulled back securely and out of eyes.
Long hair needs to be confined so as not to interfere with turns.
- Boys** Black tights, white T-shirt,
 black leather ballet slippers

Uniform Requirements for Jazz 1 thru 4 classes:

- Girls** Plain Black TANK-top leotard, black jazz pants, black jazz shoes
- Boys** Black jazz pants, white T-shirt,
 black jazz shoes

Uniform Requirements for Jazz 5 thru 7 classes:

- Girls** Plain Black TANK-top leotard, black ankle length leggings, black "pedini" or T-strap style jazz shoe
- Boys** White T-shirt, black jazz pants,
 black jazz shoes

Uniform Requirements for all Modern classes:

- Girls** Plain Black TANK-top leotard, convertible tights
- Boys** Black convertible tights or jazz pants, white T-shirt

NO BAGGY OR PLASTIC WARM-UP CLOTHES

Fee Schedule

Annual Registration Fee \$45.00

CLASSES PER WEEK	COST PER 6 WEEK SESSION	COST PER MONTH
45 Minute	\$98.00	NA
1	\$105.00	NA
2	\$205.00	NA
3	\$285.00	NA
4	\$365.00	\$243.00
5	\$415.00	\$277.00
6	\$445.00	\$297.00
7	\$475.00	\$317.00
8	\$500.00	\$334.00
9	\$515.00	\$344.00

Canta y Baila (Sing and Dance)

(Ages 3 ½ - 6)

WEDNESDAY 11:15 AM – 12:00 PM

THURSDAY 11:15 AM – 12:00 PM

This is an active and interactive Spanish language class for 3 ½ - 6 year old children who will move, sing, dance and, most importantly, have fun! Children will learn vocabulary, simple phrases, songs and cultural activities from Spain and Latin America. They will bring home follow-up activities that you may use to spark a conversation about what they learned each day and help reinforce what they are doing in class. The class is offered twice per week on consecutive days; you may choose to come just to one, but research does indicate that two consecutive days helps to build memory and success at learning a language.

Children need ballet slippers.

Ready! Set! DANCE!

(Ages 9 – 11) One year of dance experience required.

TUESDAY 5:15 – 6:30 PM

A year of classes exploring several different styles of dance. Students will experience an introduction to contemporary dance and lyrical dance in 6 week sessions over the academic year. The curriculum includes Afro Modern Fusion, Tap, Broadway Style Jazz, Introduction to Contemporary Jazz, Dance Improvisation, Lyrical Jazz. Observations will occur throughout the year as scheduled by the teacher, Caroline TeDesco. **Dancers need dance class attire, jazz and/or ballet shoes, and tap shoes for Session II.**



Stretch and Strengthening

(Ballet Level 6 and Up)

MONDAY 5:15 – 6:15 PM

This class features deep stretches focusing on legs, hips and back, strengthening exercises on the mat for abdominals and upper body, as well as Ballet barre exercises to improve strength and stability. This class is also an excellent option for dancers not attending their regular classes due to injury recovery or for other extended absences.

See page 6 for Fee Schedule.

Introduction to Ballet Classes

The following classes are for children only. Parents are invited into the classroom during scheduled observation times only.

We offer three age-graded **Introduction to Ballet** classes for preschool and school-aged children. In these classes, our goal is first and foremost to teach your child to love dance. In the process, we give high priority to the development of:

- concentration and attention span
- self-control and self-discipline
- listening and following directions
- “see-do” skills
- posture, coordination and flexibility
- musicality
- social skills

These are skills for a lifetime, whether your child becomes a ballerina, an athlete or an astrophysicist! No matter what choice is eventually made, your child should always be able to enjoy dance, always as an audience and perhaps as a performer. Each level is usually taken for one year.

Children must be ages given as of September 1st, 2016.

INTRODUCTION TO BALLET 1	(AGES 3 – 4)
FRIDAY - CANCELLED	8:45 - 9:30 AM
FRIDAY	12:45 - 1:30 PM
SATURDAY	9:00 - 9:45 AM
SATURDAY	10:00 - 10:45 AM

INTRODUCTION TO BALLET 2	(AGES 4 – 5)
FRIDAY - CANCELLED	9:45 - 10:30 AM
FRIDAY	1:45 - 2:30 PM
SATURDAY	9:00 - 9:45 AM
SATURDAY	10:00 - 10:45 AM

INTRODUCTION TO BALLET 3	(AGES 5 – 6)
TUESDAY	4:00 - 5:00 PM
SATURDAY	8:45 - 9:45 AM
SATURDAY	10:00 - 11:00 AM
SATURDAY	11:00 - 12:00 PM

See page 6 for uniform requirements & fee schedule.



Ballet 1, 2, 1/2A Classes

School-aged children begin their study of Ballet in Ballet 1, 2, & 1/2A levels, which are a presentation of Ballet fundamentals, along with exercises for posture improvement and work in basic dance patterns common to many forms of dance. At the Ballet 1, 2, & 1/2A levels, children usually come **once per week**.

Children usually are in Ballet 1 for one full year of study and then progress to Ballet 2 for one full year of study before they advance to Ballet 3 which meets twice per week. Older children, ages 9-12, take Ballet 1/2A for one year before advancing to Ballet 3 or Ballet 3/4A; their older attention span and muscular strength make it possible to progress more quickly.

Children must be ages given as of September 1, 2016.

BALLET 1	(AGES 6 – 8)
MONDAY	4:00 - 5:00 PM
WEDNESDAY	3:30 - 4:30 PM
SATURDAY	8:45 - 9:45 AM
SATURDAY	10:00 - 11:00 AM

BALLET 2	(AGES 7 – 9) One year Ballet 1 training and consent of instructor.
WEDNESDAY	5:15 - 6:30 PM
SATURDAY	9:45 - 11:00 AM
SATURDAY - CANCELLED	11:00 AM - 12:15 PM

BALLET 1/2A	(AGES 9 – 12) Covers material of Ballet 1 & 2 in one year.
WEDNESDAY	6:30 - 7:45 PM

BOYS BALLET	WEDNESDAY
BOYS BALLET (AGES 6 – 10) One year Ballet training and consent of instructor.	4:00 - 5:15 PM



Recommended for Ballet 1, 2, 1/2A Levels:

No experience necessary	JAZZ 1 (AGES 6 -10)	HUMPHREY 1 (AGES 5 -7)	READY! SET! DANCE! (AGES 9 – 11)
MONDAY	5:15 - 6:15 PM		
TUESDAY			5:15 - 6:30 PM
WEDNESDAY		4:30 - 5:15 PM	

See page 6 for uniform requirements & fee schedule.

Ballet 3, 4, 3/4A, 5 Classes

When students enter Ballet 3, 4, 3/4A, and 5 they make a commitment to study **two days per week**. Ballet 5 students are also required to study Modern Dance. Teachers present more complex and physically demanding exercises. In addition to the June recital, students are eligible to participate in an additional recital held in December. Many students at this level also enjoy Jazz, Humphrey 2 Modern, and/or *Ready! Set! DANCE!*



BALLET 3 (Ages 7-9)	Two Ballet technique per week
TUESDAY	4:00 - 5:15 PM
AND THURSDAY	4:00 - 5:15 PM

BALLET 4 (Ages 8-10)	Two Ballet technique per week
TUESDAY	4:00 - 5:15 PM
AND THURSDAY	4:00 - 5:15 PM

BALLET 3/4A (Ages 10 and Up) Covers material of Ballet 3 & 4 in one year	(Must have completed Ballet 1/2A or Ballet 2 level) Two Ballet technique per week
MONDAY	6:30 - 7:45 PM
AND WEDNESDAY	6:30 - 7:45 PM

BALLET 5	Two Ballet Technique per week	One Modern 1 Technique per week
TUESDAY	4:00 - 5:15 PM	
AND THURSDAY	4:00 - 5:15 PM	5:15 - 6:30 PM

Recommended for Ballet 3, 4, 3/4A, 5 Levels:
All Jazz levels require consent of instructor.

JAZZ	JAZZ 2 (Ages 7-10) 1 year experience	JAZZ 3 (Ages 8-12) 2 years experience	JAZZ 4 (Ages 9-13) 3 years experience
MONDAY	4:00 - 5:00 PM		
TUESDAY		5:15 - 6:30 PM	
WEDNESDAY			4:00 - 5:15 PM
THURSDAY	5:15 - 6:15 PM		

Also Recommended for Ballet 3, 4, 3/4A, 5 Levels:

	TUESDAY	SATURDAY
READY! SET! DANCE! (Ages 9 - 11)	5:15 - 6:30 PM	
HUMPHREY 2 (Ages 8 - 10)		11:00 AM - 12:00 PM

See page 6 for uniform requirements & fee schedule.

Ballet 6 Classes

For students entering Ballet 6, the time commitment is increased and reflects the challenges of dancing on Pointe. Dancers will need to have more frequent class in order to build the strength, use of turnout and good alignment required for working on Pointe with success and without injury. It can take more than one year in these intermediate levels for students to master the work that is required to move on; growth spurts can be challenging and the dancer may just need extra time.

Required: Three Ballet Technique and a Modern 2 class per week, plus Pre-Pointe twice per week. Pre-Pointe must be taken before dancers will progress to Pointe. Any exceptions to these requirements must be approved by Stephanie Clemens before registration. We encourage students to take Jazz, Humphrey 3 and/or *Ready! Set! DANCE!* Although Ballet is the best basis for all dance forms, the reality of the dance world requires versatile performers.

Ballet 6: Three Technique Classes;
Two Pointe Classes Required
One Modern Class Required

BALLET 6	BALLET 6	PRE-POINTE	MODERN 2
MONDAY	4:00 - 5:15 PM		5:15 - 6:30 PM
TUESDAY	5:30 - 6:45 PM	6:45 - 7:30 PM	
FRIDAY	4:00 - 5:30 PM	5:30 - 6:15 PM	

Recommended for Ballet 6:

	MONDAY	TUESDAY	WEDNESDAY
JAZZ 3 (No experience required for Ballet 6)		5:15 - 6:30 PM	
JAZZ 4 (3 years experience & consent)			4:00 - 5:15 PM

See page 6 for uniform requirements & fee schedule.

See page 19 for MOMENTA requirements.



Ballet 7 Classes

Required: Three Ballet Technique with a Modern 3 class per week. Students who have already had a year of Modern 3 may elect to take Jazz instead. They may also take Modern 4 with the consent of the instructor. **If Pointe is taken, students must take two classes per week.** Any exceptions to these requirements must be cleared through Stephanie Clemens before registration.

Ballet 7: Three Technique Classes;
Two Pointe Classes Required
Modern 3 Required (or Humphrey 3)

BALLET 7	BALLET 7	POINTE 1	MODERN 3
MONDAY	5:15 - 6:30 PM		4:00 - 5:15 PM
WEDNESDAY	5:15 - 6:30 PM	6:30 - 7:15 PM	
THURSDAY	5:15 - 6:30 PM	6:30 - 7:15 PM	

Recommended for Ballet 7:

	TUESDAY	WEDNESDAY
JAZZ 3 (No experience required for Ballet 7)	5:15 - 6:30 PM	
*JAZZ 4		4:00 - 5:15 PM
*JAZZ 5		4:00 - 5:15 PM
*JAZZ 6		5:15 - 6:30 PM
*HUMPHREY 3	6:30-7:45 PM	
*CONSENT OF INSTRUCTOR REQUIRED		

See page 6 for uniform requirements & fee schedule.

See page 19 for **MOMENTA** requirements.



Ballet 8 Classes

Required: Ballet 8 students must take three Ballet Technique classes per week. Students who have already had a year of Modern 3 may elect to take Modern 4. **If Pointe is taken, students must take two classes per week.** Any exceptions to these requirements must be cleared through Stephanie Clemens before registration.

Ballet 8: Three Technique Classes;
Two Pointe Classes Required/Three Recommended

BALLET 8	BALLET 8	POINTE 2
MONDAY	6:30 - 8:00 PM	8:00 - 8:45 PM
WEDNESDAY	5:15 - 6:30 PM	6:30 - 7:15 PM
FRIDAY	4:00 - 5:45 PM	5:45 - 6:30 PM

Recommended for Ballet 8:

JAZZ	WEDNESDAY	THURSDAY
*JAZZ 6	5:15 - 6:30 PM	
*JAZZ 7		7:00 - 8:30 PM
*CONSENT OF INSTRUCTOR REQUIRED		

MODERN	TUESDAY	THURSDAY
*HUMPHREY 3	6:30-7:45 PM	
*GRAHAM 4		7:30 - 9:00 PM
*CONSENT OF INSTRUCTOR REQUIRED		

Also Recommended for Ballet 8:

	MONDAY
STRETCH & STRENGTHENING	5:15 - 6:15 PM

See page 6 for uniform requirements & fee schedule.

See Page 19 for **MOMENTA** requirements.



Ballet 9 & 10 Classes

Placement at these levels is with the recommendation of the instructor and/or the approval of the director. Any exceptions to the requirements must be with the approval of the director before registration. Those wishing to add a fourth class should have strong academic grades and also be recommended for the higher level by their instructor. **It is strongly recommended that students take Modern Dance and/or Jazz as well as Ballet.** Students must have regular attendance at these minimum levels to be eligible for **MOMENTA** (see page 19), and/or for featured parts in the June recital, and to continue to study at these higher levels.

Ballet 9: Three Technique Classes;
Two Pointe Classes Required/Three Recommended
Ballet 10: Four Technique Classes;
Three Pointe Classes Required/Four Recommended

BALLET 9	BALLET 9	POINTE 3
MONDAY	6:30 - 8:00 PM	8:00 - 9:00 PM
WEDNESDAY	7:15 - 8:30 PM	8:30 - 9:15 PM
FRIDAY	4:00 - 5:30 PM	5:30 - 6:30 PM

BALLET 10	BALLET 10	POINTE 4
MONDAY	6:30 - 8:00 PM	8:00 - 9:00 PM
TUESDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
WEDNESDAY	7:15 - 8:30 PM	8:30 - 9:15 PM
FRIDAY	4:00 - 5:30 PM	5:30 - 6:30 PM

Recommended for Ballet 9 & 10:

JAZZ	WEDNESDAY	THURSDAY
*JAZZ 6	5:15 - 6:30 PM	
*JAZZ 7		7:00 - 8:30 PM
*CONSENT OF INSTRUCTOR REQUIRED		

	TUESDAY	THURSDAY	SATURDAY
HUMPHREY 3	6:30 - 7:45 PM		
GRAHAM 4		7:30 - 9:00 PM	
*GRAHAM 5			11:00 AM - 12:30 PM
*CONSENT OF INSTRUCTOR REQUIRED (or 1 year of Modern 4)			

	MONDAY
STRETCH & STRENGTHENING	5:15 - 6:15 PM

See page 6 for uniform requirements & fee schedule.

See Page 19 for **MOMENTA** requirements.

Ballet 11 Classes

Required: Ballet 11 dancers must take all five Ballet technique and five Pointe classes per week. Teachers prepare Ballet 11 classes for those students planning to major in dance in college, and/or to pursue a professional career in dance. These students will need to maintain this commitment if they expect to compete at auditions with serious dance students from other schools. By the time the student with professional goals is in his/her junior or senior year of high school, he/she should be taking more than one technique class per day – several days per week.

Modern or Jazz Majors: Students who feel that Modern and/or Jazz are a better career path in dance should be taking three Ballet classes per week at the Ballet 9 or 10 level and also take at least one Ballet 11 class, one Modern and one Jazz class. Pointe is optional for Modern/Jazz “majors”, but Ballet is the basis for most professional theatrical forms, and companies like Hubbard St. and Giordano all require their dancers take a daily company Ballet class.

Ballet 11: Five Technique Classes;
Five Pointe Classes

BALLET 11	BALLET 11	POINTE 5
MONDAY	6:30 - 8:00 PM	8:00 - 9:00 PM
TUESDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
WEDNESDAY	7:15 - 8:30 PM	8:30 - 9:15 PM
THURSDAY	4:30 - 6:00 PM	6:00 - 6:45 PM
FRIDAY	4:00 - 5:30 PM	5:30 - 6:30 PM

Recommended for Ballet 11:

JAZZ	WEDNESDAY	THURSDAY
*JAZZ 6	5:15 - 6:30 PM	
*JAZZ 7		7:00 - 8:30 PM
*CONSENT OF INSTRUCTOR REQUIRED		

	MONDAY	THURSDAY	SATURDAY
STRETCH & STRENGTHENING	5:15 - 6:15 PM		
GRAHAM 4		7:30 - 9:00 PM	
*GRAHAM 5			11:00 AM - 12:30 PM
*CONSENT OF INSTRUCTOR REQUIRED			

See page 6 for uniform requirements & fee schedule.
See Page 19 for **MOMENTA** requirements.



Jazz Classes

Our levels for Jazz are consecutive and it is important for students to master the skills presented before moving on to the next level. Social relationships and convenience are not a good basis for determining a dancer's class level. Working in a class that is too difficult can cause a student to become discouraged and/or sloppy; it is important to realize that not all children learn at the same rate. The Jazz classes concentrate on building core strength, flexibility and, at the highest level, improvisational skills.

Jazz at the Academy has been carefully developed over the years. Our faculty are all concerned that:

- 1) Jazz is presented in a systematic way that builds the basic motor skills, movement vocabulary and rhythmic understanding needed to do Jazz dance well, and that
- 2) Jazz dance is presented in an age-appropriate way. We really don't want to have young dancers exposed to suggestive movements, inappropriate lyrics and precocious costumes.

Students typically spend two years in many Jazz levels, although it is possible for highly motivated dancers who take multiple dance classes each week to progress more quickly.

Children must be ages given as of September 1, 2016.

JAZZ	MONDAY	TUESDAY	THURSDAY
JAZZ 1 (Ages 6-10) No experience	5:15 - 6:15 PM		
JAZZ 2 (Ages 7-10) 1 year experience	4:00 - 5:00 PM		5:15 - 6:15 PM
JAZZ 3 (Ages 8-12) 2 years experience		5:15 - 6:30 PM	

JAZZ	WEDNESDAY	THURSDAY
JAZZ 4 (Ages 9-13, 3 years experience & consent)	4:00 - 5:15 PM	
JAZZ 5 (Ages 10-14, 4 years experience & consent)	4:00 - 5:15 PM	
JAZZ 6 (Ages 13 & Up & consent of instructor)	5:15 - 6:30 PM	
JAZZ 7 (Consent of instructor)		7:00 - 8:30 PM

See page 6 for uniform requirements & fee schedule.



Modern Classes

Modern Dance levels are consecutive and it is important for students to master the skills presented before moving on to the next level. Social relationships and convenience are not a good basis for determining a dancer's class level. Working in a class that is too difficult can cause a student to become discouraged and/or sloppy; it is important to realize that not all children learn at the same rate.

We have a strong commitment at the Academy to Modern Dance; by this we mean the dance that developed in America during the 1920's and 1930's and has continued to form the strong lineages of dance taught in universities and performed in companies throughout the 20th century and into the present.

We are now able to present the principles that underlie the technique of dance pioneer and native Oak Parker, Doris Humphrey; these are taught in three age-graded classes for young dancers ages 5 – 14. We also require that our Levels 5 through 7 Ballet dancers take either the Humphrey classes or the Modern classes that introduce students to principles that are common to many styles of Modern dance. As students enter the advanced levels in Ballet and/or become teens, we offer classes in Martha Graham technique.

The study of Modern dance develops core strength and helps the dancer learn to work off-axis and to use momentum, gravity and the breath to allow movements exploring space in ways that traditional Ballet does not. Most university dance programs require Modern Dance of even those who are primarily Ballet majors, and most Ballet companies now have Modern and Contemporary works in their repertoires.

HUMPHREY	TUESDAY	WEDNESDAY	SATURDAY
HUMPHREY 1 (Ages 5 - 7)		4:30 - 5:15 PM	
HUMPHREY 2 (Ages 8 - 10)			11:00 AM - 12:00 PM
HUMPHREY 3 (Ages 11 - 14)	6:30 - 7:45 PM		
BEGINNING FOR ADULTS	7:45 - 9:00 PM		

MODERN	MONDAY	THURSDAY	SATURDAY
MODERN 1 Level 5 Ballet or consent		5:15 - 6:30 PM	
MODERN 2 Level 6 Ballet or consent	5:15 - 6:30 PM		
MODERN 3 Level 7 Ballet or consent	4:00 - 5:15 PM		
MODERN 4 - GRAHAM 1 year Modern 3 or Humphrey 3		7:30 - 9:00 PM	
MODERN 5 - GRAHAM 1 year Modern 4 or Humphrey 3 & consent of instructor			11:00 AM - 12:30 PM

See page 6 for uniform requirements & fee schedule.

Adult Classes

Our Advanced Ballet, Jazz, and Modern classes are all open to experienced adult dancers. See listings under Ballet 9, 10, & 11 (see pages 14 & 15).

ADULT CLASSES	TUESDAY	WEDNESDAY	THURSDAY
TEEN/ADULT BALLE			CANCELLED 6:45 – 8:00 PM
ADULT HUMPHREY	MOVED TO WEDNESDAY	7:15-8:30 PM	

Everybody Can Dance!!!!!!

Creative Movement Workshops for people of all abilities ~ these are physically integrated dance workshops for teen and young adult dancers with and without disabilities. Deb Goodman, Gina Sigismondi and Kris Lenzo lead these opportunities for creative expression through movement and music. Workshops are sponsored by **MOMENTA** and will be held on the following dates:

SUNDAY	OCTOBER 2	1:00 – 3:00 PM
SUNDAY	NOVEMBER 20	1:00 – 3:00 PM
SUNDAY	JANUARY 15	1:00 – 3:00 PM
SUNDAY	FEBRUARY 19	1:00 – 3:00 PM
SATURDAY	MARCH 19	1:00 – 3:00 PM
SUNDAY	APRIL 9	1:00 – 3:00 PM

Tuition is \$20.00 per workshop, payable to **MOMENTA**.



MOMENTA

*The Resident Dance Company
of The Academy of Movement and Music*

MOMENTA is the Academy's resident performing arts company. There is a Senior Company, composed of adult professionals and Advanced student apprentices, and a Junior Company of younger student dancers. **MOMENTA** rehearses on Saturday afternoons and has **performances this coming year on November 5, 6, 12, 13 and March 4, 5, 11, and 12**. The Senior Company performs in the evening concerts. The Junior Company dances in the Family Matinees. Students in the Advanced levels may elect to join the Senior Company. **MOMENTA** invites dancers from the lower levels based on: 1) the student's abilities in class, and 2) the student's and the family's desire to participate. During the academic year, **MOMENTA** dancers must commit to rehearsals on weekends, and for the Senior Company there can be weeknight rehearsals. The Fall rehearsals begin on August 27, and we rehearse (even on Labor Day weekend) every weekend until the performances in November. Most rehearsals for Spring begin when the Academy opens in January, but some Senior Company repertory can go into rehearsal earlier in December. Dancers must be present at the first rehearsal of a work when casting within a piece is determined – and they must be present for tech and dress rehearsals. All absences must be cleared with Stephanie Clemens or Anita Kenney and are excused for serious illness, family emergencies or critical life events. Dancers who miss multiple rehearsals for a given piece may be pulled out of that piece, at the choreographer's discretion. Families are expected to participate as volunteers to help with various activities (sewing, box office, fundraising, etc.) that help make **MOMENTA** a success.

In order to be eligible for **MOMENTA** performances, students from other schools must show proof of enrollment in a reputable school elsewhere, and must still be enrolled in a minimum of two classes per week at the Academy.

Rehearsals for Fall **MOMENTA** begin on Saturday, August 27, 2016 for both the Senior and the Junior Company. Spring **MOMENTA** rehearsals begin on January 7, 2017.

Tuition for student dancers (per series), either Fall or Spring is **\$375.00**. **Tuition must be paid in full by the first week of rehearsal. Check only payable to: MOMENTA.**

Register for **MOMENTA** through the Academy office.

In addition, every summer there is a Young Choreographers' Showcase. Tuition will be posted in the Summer Schedule.

For questions about **MOMENTA**, contact Stephanie Clemens or Anita Kenney at the Academy.



Private Music Lessons

Piano ~ Voice ~ Flute ~ Guitar

At the Academy, we believe that private music study is best begun at age six (6), when the student has begun reading words, since note reading is an important part of beginning music study. We also expect that students will have an instrument in the home to facilitate daily practice. A keyboard can function as a short-term substitute for a piano in the home, but the finger touch is very different and many keyboards do not have the full number of keys as on a piano.

If you are interested in private music study, please call the office and we will try to match your schedule and needs with an available teacher. Our teachers are here on different days and have limited openings.

Music Faculty

PATRICIA WILKEN	DIRECTOR, PIANO, VOICE
MARK ANDERSON	GUITAR
ALLIE DEAVER-PETCHENIK	FLUTE
THOMAS HOLMES	PIANO, PIANO ACCOMPANIST
CHARLIE CARPENTER	PIANO ACCOMPANIST
SOPHIA GORODETSKAYA	PIANO ACCOMPANIST
JONATHAN SCHANG	PIANO, PERCUSSION ACCOMPANIST
ELENA TUMANOVA	PIANO ACCOMPANIST
GALINA VOYTSEKHOVSKAYA	PIANO ACCOMPANIST

2015-2016 PRIVATE MUSIC SESSION DATES	
FALL SESSION	AUGUST 22 – NOVEMBER 12
WINTER SESSION	NOVEMBER 14 – FEBRUARY 18
SPRING SESSION	FEBRUARY 20 – MAY 20
SUMMER SESSION	MAY 22 – JULY 29

Music Recitals

During the year, the private music students have the opportunity to perform in numerous music recitals. Your child's teacher will notify you and your child when they are ready for their first recital. **A \$45.00 annual music recital fee is due at the time of registration.**



2016-2017 Faculty and Staff

A.R.T.S.

MAUREEN FAHEY	DOWNSTAIRS A.R.T.S. DIRECTOR, MUSIC
DONNA PRIES	UPSTAIRS A.R.T.S. DIRECTOR, ART, CULTURAL AWARENESS, LITERATURE, PRODUCTION SHOP, SCIENCE
JUDY BIANCHI	PHYSICAL FITNESS
NATALIE DRAPER	CREATIVE MOVEMENT, AIDE
JENNIFER ENRIQUEZ	CONSTRUCTION, AIDE
REBECCA MCLANE	MUSIC
KAITLIN MULLEN	PRACTICAL LIFE, MONTESSORI
LINDA PRESTON	MONTESSORI
REBECCA PRIES	DANCE
MELISSA TAUB	CREATIVE MOVEMENT, PHYSICAL FITNESS
RUTH TAZELAAR	ART
CAROLINE TEDESCO	PHYSICAL FITNESS, CREATIVE MOVEMENT
LUCY HUNTER BRY	AIDE
MINDY DILLON	AIDE
MOLLY NELSON	AIDE
JULIE SEILER	AIDE
NIKI TAZELAAR	AIDE
ANJA WACHTER	AIDE
STOJA ZJALIC	AIDE

DANCE

STEPHANIE CLEMENS	DIRECTOR, BALLET
LAURA BRAND	BALLET
MEI KUNG CHEN*	BALLET, MODERN
SARAH CULLEN FULLER*	BALLET
VALERY DOLGALLO*	BALLET
MERRIL DOTY	MODERN, HUMPHREY
DEB GOODMAN*	MODERN, GRAHAM, PHYSICALLY INTEGRATED DANCE
SANDRA KAUFMANN	MODERN, GRAHAM
KRIS LENZO	PHYSICALLY INTEGRATED DANCE
ANNE MERRICK	BALLET
SAGE MILLER	BALLET
CORA D. MITCHELL*	JAZZ, MODERN
REBECCA PRIES	BALLET, "CANTA Y BAILA"
PATRICIA ROTHENGASS	BALLET
GINA SIGISMONDI*	BALLET, JAZZ, HUMPHREY MODERN, PHYSICALLY INTEGRATED DANCE
CAROLINE TEDESCO*	BALLET, JAZZ, STRETCH, "READY, SET, DANCE"
JP TENUTA*	BALLET
JULIA WOLLRAB	BALLET

* PRIVATE LESSONS AVAILABLE BY APPOINTMENT

ADMINISTRATION

STEPHANIE CLEMENS	EXECUTIVE DIRECTOR
RACHEL GORGOL	BUSINESS ADMINISTRATOR
KARI FARKVAM	ADMINISTRATOR
ANITA KENNEY	ASSOCIATE EXECUTIVE DIRECTOR, <i>MOMENTA</i>
SAGE MILLER	OFFICE SUPPORT
PATRICIA ROTHENGASS	OFFICE SUPPORT

Academy Policies

IF UNDER 18, PARENT MUST COME INTO THE BUILDING TO REGISTER STUDENT.

1. Registration and Tuition Policies

A. **Dance By The Session** - Instruction in dance at the Academy is progressive and cumulative over six 6-week sessions. Students are generally expected to continue their classes all year. The first session payment is due in full at the time of registration. Payment for subsequent sessions is due by the last day of the current session. **A 5% late charge will be added to your account if payment is not received for the next session by the last class of the current session.** Parents must contact the Academy office if their student will not be continuing for the next session. Regular billing statements are not mailed. See page 3 for Session dates. You may arrange with the office to have tuition payments automatically billed to a credit or debit card.

B. **Music By The Session** - Tuition is payable at the time of registration. **A 5% late charge will be added to any balance remaining after the second week of each Session.** Statements are mailed for each new Session. You may arrange with the office to have your payment automatically billed to your credit card.

C. **By The Year** - on a nine-month contract for the **Dance and Preschool Departments only**. Monthly contract payments are a convenience for those students who can reasonably expect to study continuously IN FOUR OR MORE CLASSES from September to June. **Monthly payment is due by the first of each month. MONTHLY PAYMENTS NOT RECEIVED BY THE FIFTH OF THE MONTH WILL AUTOMATICALLY HAVE A 5% SERVICE CHARGE ADDED.** No monthly statements will be mailed. You may arrange with the office to have your payment automatically billed to your credit card.

2. Missed Classes

NO CREDIT OR REFUND WILL BE GIVEN FOR MISSED CLASSES IN DANCE OR PRESCHOOL. Dance classes must be made up within the Session. Dance classes which fall on legal holidays must be made up in other scheduled classes. Finding an appropriate make-up class is the responsibility of the student, not the Academy. It is possible to “make-up” a class in advance or to take a jazz class to make up a ballet class, or vice versa. There are no make-ups for Preschool A.R.T.S. classes.

Music Department Credits – To assure a credit, a 24 hour notice is required to cancel a lesson. Other credits are issued at the teacher’s discretion.

3. Canceled Classes

The Academy reserves the right to cancel classes and will issue refunds in this case only.

4. NO OTHER REFUNDS WILL BE GIVEN. Once you have registered for a class/program, no refunds will be issued for any reason.

5. Class Observation

Dance classes have regularly scheduled observation times for parents during December and March. Observation of any Academy class at any time other than the scheduled times is by appointment only and must be arranged in advance through the office. Children under 18 years of age must be accompanied by a parent or guardian while observing classes, or must have the parent or guardian make an appointment through the office. Consent of the teacher is necessary for all observations.

(Academy policies continued)

6. Financial Aid

A limited amount of partial work-study financial aid is available for students taking multiple classes based on financial need and ability. Applications are available in the office.

7. Registration Fee

There is an annual registration fee.

8. Charges

There is a 5% service charge on any unpaid balances carried after the fifth of each month (MONTHLY PAYMENT). A 5% late charge will be added to your bill if you do not re-register for the next session by the last class of the current session (SESSION PAYMENT).

If you elect to have monthly or session payments automatically charged to a credit or debit card, it is your responsibility to keep this information current with the Academy office. In the event of declined automatic payments, you will be contacted with a request for updated information. **A 5% late charge will be added to your account if your automatic payment cannot be processed within 3 days of this request.**

9. The Academy admits all applicants without regard to race, sex, color, religion, national origin, marital status, or physical or mental disabilities.

10. **NO** gum or nuts are ever allowed in the building. The Academy is a **NUT FREE, GUM FREE ZONE. NO NUTS** or anything made with nut products are allowed in the building.

Traffic Regulations

The Academy is located in a densely packed residential neighborhood. The high school playing fields are nearby and they, along with the Academy, generate a great deal of traffic. Please follow these rules to help the Academy stay on good terms with our neighbors AND FOR THE SAFETY OF ALL THE CHILDREN!

Please comply with these traffic regulations!

1. Academy traffic **must travel ONE WAY** on Bishop Quarter Lane – entering on the east side of the U shaped drive by turning **RIGHT** as you drive west. Please **do not turn left from North Blvd** as you travel east. **For the safety of all, traffic should never move on the drive at more than 5 miles per hour.**

2. If you are **picking up** your student, you may join the carpool lane on the east side of our drive - this lane is intended to be slow moving at all times. Please **DO NOT COME EARLY** and just sit in the driveway and **NEVER** leave your car unattended in that lane. Most students need a few minutes to get their belongings or change clothes after class; if you come early, you will not get your student earlier. You must stay in the east lane of the Bishop Quarter Lane until you see your student on the Academy steps. Please be aware that if a group of students exits the building at the same time, chances are the student of the person in front of you in line is also out and they will be moving forward to collect their student, so there will be no need for you to pull out of the east lane. If, however, the car in front of you does not move with the other cars, **when there is room to go around the curve and pull up to the pole**, you may move out of the east lane and go forward to get your student. **You must not stop in front of the neighbors’ drives while in the west lane.** Please yield right of way to any neighbor attempting to pull in or out of his/her drive.

3. If you are **dropping off** your student, coming 10 – 15 minutes before class starts to allow time for the student to change clothes is a good plan.

(Academy policies continued on next page)

You may travel in the west lane of the drive, but you must be very careful to pull up all the way to the pole and your student should be quickly ready to exit the car. This is not a good time for discussions. When our traffic piles up, blocking the whole driveway, our neighbors become very upset with the congested drive, especially if they need access to their driveways.

4. When walking your child to and from the Academy, **please use the sidewalk!** Do not walk in the middle of the driveway **and never walk across the neighbors' driveways or through their private courtyard.**

5. **PLEASE DROP OFF OLDER DANCERS OUT ON LAKE STREET TO WALK INTO THE ACADEMY.**

6. **Never enter into or park in the U-shaped drive to the north of our building off of Lake Street. This is private property, and although the neighbors are gracious about having our students walk from Lake Street, they have a very active towing service for non-resident cars. You will be towed!**

7. PARKING next to the Academy building or in front of the Academy garages is reserved for STAFF ONLY. Please do not park even for "just a minute" – **park only on Lake Street, East Avenue or in the METERED slots on North Blvd. Please do not pull into the townhome driveways at any time.**

8. **To accommodate our Preschool A.R.T.S. parents,** we have Academy staff available to greet and dismiss children whose parents choose to use our carpool system during preschool hours.

9. **Failure to comply with these regulations may result in your student's dismissal from the Academy. The rules apply to everyone, and keeping a good relationship with our neighbors is important to the Academy!**

**Photos courtesy of:
Lisa Green/Stephen Green Photography
Mike Dutka**