

# Academy of *M*ovement and *M*usic

605 Lake Street • Oak Park, Illinois 60302 • 708•848-2329

## 2018-2019 A.R.T.S. Program Overview

The **Downstairs A.R.T.S. program** consists of classes that take place in three different classrooms in either the morning or afternoon. These classes are physical fitness (1/2 hr.), creative movement (1/2 hr.), and art/music/Montessori (1 hr.). The only difference between the Monday/Wednesday program and the Tuesday/Thursday program is possibly the change in a few of the staff members. This program services children who are 22 months of age as of September 1<sup>st</sup> to age four. You can enroll for the following:

### Downstairs A.R.T.S. 8:45 – 11:00 AM

Monday and Wednesday

Tuesday and Thursday

Monday through Thursday

add Friday Morning *Story Explorers* or *Montessori/STEAM*, if age appropriate

**Friday morning “Story Explorers”**, building early literacy skills through books, art and small group activities, for 2½ (by September 1<sup>st</sup>) to 3½ year olds.

### Downstairs Add-on Classes 11:15 AM – 12 PM, for ages 3 (by Sept. 1) - 3½

#### **Mondays and/or Wednesdays:**

Each week has a story time featuring our book of the week with a circle time activity to encourage children to recall the details and sequence of the story. Mondays will involve movement activities: a game, dance or other physical activity related to our story as well as our ABC Yoga stretches.

Wednesdays following story time the children will have an art project or sensory table activities and time to work with other special materials related to our story.

Children who are 3½ years old by September 1<sup>st</sup> may add the **Montessori/STEAM Day**, which is held on Fridays. The upstairs space is set up with special activity areas that include Montessori practical life and sensorial work, snack preparation, STEAM (Science, Technology, Engineering, Art, Math), free play, as well as Music, “Peace Class,” World Dance, and World Languages. Enrollment on Fridays allows children 3½ and older the option to attend school for three or five days a week.

### Add-on Classes 11:15 AM – 12 PM, for ages 3½ -6

**Mondays:** the year will be divided between *Making Friends with 100* and *Building Words with Friends*.

**Tuesdays:** the curriculum will alternate every other week between *Peacemakers* and *Music*.

The **Upstairs A.R.T.S. program** is geared for those children who are 3.75 years of age (date of birth 12/1/2014 or before) to age 6. Each day involves different activities. Children who enroll for the Monday/Wednesday program focus on art, creative movement, literature and physical fitness. The Tuesday/Thursday program is performance oriented with music and creative arts as well as dance and cultural awareness. Parents of both Monday/Wednesday and Tuesday/Thursday children are invited throughout the year to attend exhibitions and small performances highlighting the children’s work. Friday is a special day Upstairs. The upstairs space is set up with special activity areas that include Montessori practical life, sensorial work, snack preparation, STEAM (Science, Technology, Engineering, Art, Math), free play, as well as Music, “Peace Class,” World Dance, and World Languages. If your child is eligible for the Upstairs program, you can enroll for the following:

### Upstairs A.R.T.S. 8:45-11:00 AM

Monday and Wednesday – art, creative movement, physical fitness, literature

OR Monday, Wednesday & Friday

Tuesday and Thursday – dance, cultural awareness, music, crafts

OR Tuesday, Thursday & Friday

Monday through Thursday

Monday through Friday