

From the Director....

Greetings ~

Summer is a wonderful time to dance! Warmer weather (but we do have air-conditioning!) allows muscles to stretch and it is lovely to dance during the long summer evenings. It is also a time when students do not have the long hours and heavy homework loads of the academic year and can use their energy to make terrific progress!

Our **Mini-Intensives** are back!! This year's featured intensives are **An Introduction to Horton Technique with Judith Chitwood, African Dance with Ayodele Drum and Dance, and Doris Humphrey Technique with Gail Corbin.**

The **Young Dancers' Intensive** is for Ballet Levels 6 and 7 Academy dancers who wish to continue to build their technical skills in ballet, pointe/prepointe, modern dance and Dance of the Decades, and have a musical theater class.

Ballet Levels 3, 4 and 5 have their own **Young Dancers' Intensive** that is placed later in the day, with ballet, modern dance and Dance of the Decades making it possible to do multiple classes easily and build new skills over the summer. The timing of this **Young Dancers' Intensive** allows students to participate in community activities and camps.

**New this summer! *Dance Explorers***, a 2 ¼ hour Friday morning Mini-camp for 3 to 6 year olds. Each week a different theme ~ *Outer Space Dance Party, A Castle Adventure, Into the Woods*, and more ~ is explored through movement and with craft activities.

We hope you will enjoy this copy of our Summer Schedule for 2019. There really is something for everyone here, and summer often allows the extra time to try something new or different. Whether you are a continuing music student who might want to try a dance or stretch class, or an adult dancer who wants to take piano lessons, the Academy can meet your needs. If you or your child are thinking about returning to dance classes, even if it's been a while, we'd love to have you join us again. If you've never been to the Academy, we really hope you'll come and discover all the different opportunities that are here for the smallest two year old preschool child to the advanced performer.

Welcome!

Stephanie Clemens, Director



Academy of  
***Movement***  
and ***Music***

## SUMMER 2019



**CLASSES BEGIN JUNE 10**

**SEVEN WEEKS**

**JUNE 10<sup>th</sup> – JULY 26<sup>th</sup>**

**NO CLASSES THURSDAY, JULY 4<sup>th</sup>**

**REGISTRATION BEGINS MARCH 4<sup>th</sup>**

708 • 848 • 2329 • 605 LAKE ST. OAK PARK IL.  
WWW.ACADEMYOFMOVEMENTANDMUSIC.COM  
ACADEMYOFMOVEMENTANDMUSIC@GMAIL.COM

## Downstairs A.R.T.S.

Ages 22 months (by June 1) - 4 years

### Time Travelers

MONDAY AND WEDNESDAY	8:45 - 11:00 AM
AND/OR	
TUESDAY AND THURSDAY	8:45 - 11:00 AM
TUITION FOR 2 DAYS: \$400.00	TUITION FOR 4 DAYS: \$630.00
NO CLASS ON THURSDAY, JULY 4TH	

A two or four day program that includes thirty (30) minutes each of physical fitness and creative movement and sixty (60) minutes of art, music, and Montessori combined. Each day provides a balance between teacher directed movement classes and the child directed art and Montessori environment. This summer our activities will take us to "Prehistoric Times," "Pioneer Days," and "Into the Future." *A mid-morning snack is served. If your child has a food allergy that prevents them from having pretzels or graham crackers, please let the office know.* Children need play clothes, ballet shoes, and a backpack.



## Upstairs A.R.T.S.

Ages 4 (by June 1 or by Teacher recommendation) - 7 years

### All Fun and Games

MONDAY AND WEDNESDAY	8:45 - 11:00 AM
ART, RHYTHM & MOTION, SUMMER SCIENCE AND PHYSICAL FITNESS, ART EXHIBITION ON THE LAST DAY - JULY 24	
AND/OR	
TUESDAY AND THURSDAY	8:45 - 11:00 AM
CREATIVE ART, STORY DANCE, LITERATURE, AND WORLD DANCE, PERFORMANCE FOR TUESDAY/THURSDAY CHILDREN ONLY THURSDAY, JULY 25	
TUITION FOR 2 DAYS: \$400.00	TUITION FOR 4 DAYS: \$630.00
NO CLASS ON THURSDAY, JULY 4TH	

This summer join us as we learn while we're having fun. Together we will explore silly and colorful arts and crafts, play new games, make cool science experiments, and dance to smooth tunes of the South Pacific. Maybe we will learn a new joke or two, and we will definitely find fun, new ways to move to the rhythm of summer as we work to get our energy flowing. *A mid-morning snack is served. If your child has a food allergy that prevents them from having pretzels or graham crackers, please let the office know.* Children need play clothes and ballet shoes. If wearing a skirt or dress, please wear shorts or leggings underneath. All children should bring a water bottle, backpacks are optional.

## Children's Single Classes

All levels other than the Introduction levels, Ballet 1, and those stating "no previous training" require the recommendation of the Academy teacher in the highest level completed, or the consent of the instructor based on a placement class.

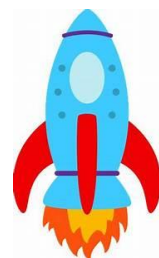
Although we don't require uniforms for our summer classes, it is advisable to purchase pink or flesh-toned (girls) or black (boys) ballet shoes, black jazz shoes and black jazz pants.

NO CLASS ON THURSDAY, JULY 4TH

### NEW CLASS!!!

#### DANCE EXPLORERS!!

FRIDAY 8:45-11:00 AM \$250.00  
 AGES 3-4  
 AGES 5-6



A mini-camp for children who love imaginative play, crafts and movement! We'll explore a different way of moving each week based on the week's theme: ranging from "Outer Space Dance Party" "A Castle Adventure," "Into the Woods," and more. Each week we'll make a craft activity to use as a prop, a costume or a keepsake from our journey that day. *A snack of graham crackers or pretzels is served during class. Please inform the office if your child can not have this snack.* Children need ballet slippers.

INTRODUCTION TO BALLET · AGES 3-5 **CANCELLED**  
 FRIDAY 11:30 AM - 12:30 PM

BALLET 1 · AGES 6 - 8 **COMBINED WITH BALLET 2**  
 TUESDAY 6:00 - 7:00 PM

BALLET 1/2 · AGES 7 - 9, ONE YEAR EXPERIENCE REQUIRED  
 TUESDAY 6:00 - 7:15 PM

JAZZ 1/2 · AGES 6 - 10, NO EXPERIENCE  
 WEDNESDAY 6:30 - 7:30 PM

### Adult Class

ADULT HUMPHREY	<b>CANCELLED</b>
WEDNESDAY	7:00 - 8:15 PM

Fee Schedule: See Page 6

# Summer Intensives at the Academy

Enrollment is limited.

## June 10-13 Horton Technique & Pilates

Taught by Judith Chitwood  
Monday - Thursday  
2:00 – 3:00 PM - Pilates  
3:15 - 5:00 PM - Horton  
**\$250.00**



## June 18 & 20 African Dance

Taught by Ayodele Drum & Dance  
Tuesday & Thursday  
3:15 – 5:15 PM  
~~\$75.00~~ **\$25/day \$50/both days**



## July 18 & 20 Contemporary Technique

**June** Taught by Sarita Smith Childs  
Tuesday & Thursday  
2:00 – 3:00 PM  
~~\$25.00~~ **\$10/day \$20/both days**

## July 8-11 Doris Humphrey's Technique & Choreographic Vision

Taught by Gail Corbin  
Monday - Thursday  
Daily Technique: 1:45 - 3:15 PM  
Repertory/Pedagogy: 3:45 - 5:15 PM  
**\$250.00**



### BALLET LEVEL ELIGIBILITY FOR INTENSIVES:

Academy students are expected to take their regular classes at the appropriate level.

BALLET LEVEL	6	7	8	9	10	11
JUNE 10 - 13 HORTON TECHNIQUE			X	X	X	X
JUNE 18 & 20 AFRICAN DANCE	X	X	X	X	X	X
JULY 8-11 HUMPHREY TECHNIQUE			X	X	X	X

# Young Dancers Intensives

## For Ballet 3, 4 & 5

A two-day a week summer intensive for young dancers that includes classical ballet, contemporary modern dance, and Dance of the Decades.

BALLET 3, 4 & 5	
MONDAY	4:00 - 6:30 PM
WEDNESDAY	4:00 - 6:30 PM
TUITION	\$420.00

See uniform requirements below

## For Ballet 6 and Ballet 7 Levels

Our program includes classical ballet and pre-pointe (Ballet 6), pointe (Ballet 7), contemporary modern dance, Dance of the Decades, musical theater and an available stretch option on Mondays, Wednesdays and Fridays at noon before classes begin.

BALLET 6	
MONDAY	12:45 - 4:00 PM
WEDNESDAY	12:45 - 4:00 PM
FRIDAY	1:00 - 3:30 PM
	OPTIONAL STRETCH CLASS ~ \$50.00 SEE BELOW
TUITION	\$585.00

BALLET 7	
MONDAY	12:45 - 4:00 PM
WEDNESDAY	12:45 - 4:00 PM
FRIDAY	1:00 - 4:15 PM
	OPTIONAL STRETCH CLASS ~ \$50.00 SEE BELOW
TUITION	\$605.00

### UNIFORM REQUIREMENTS FOR YOUNG DANCERS INTENSIVE ~

**BALLET**  
3, 4, 5, 6, 7  
**BALLET:** pink or flesh-toned tights, black tank leotard, black bike shorts, pink or flesh-toned ballet shoes

**DANCE OF THE DECADES & MUSICAL THEATER:** black tank leotard, black jazz pants, black jazz shoes

**Recommended for Ballet 3, 4, 5, 6 & 7:**  
**Stretch & Tone Package** - pay **\$50.00** for the Summer Session, come as often as you like.

Schedule follows:

STRETCH & TONE	
MONDAY	12:00 - 12:45 PM
WEDNESDAY	12:00 - 12:45 PM
FRIDAY	12:00 - 1:00 PM

**MODERN:** black tank leotard, convertible tights

## Ballet 8 Classes

Ballet 8: Three Technique Classes; Three Pointe Classes  
 Any exceptions to these requirements must be cleared through Stephanie Clemens before registration. Students may choose not to do pointe, but are encouraged to do modern and jazz.

**NO CLASS ON THURSDAY, JULY 4TH**

BALLET 8	BALLET 8	POINTE 2
MONDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
WEDNESDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
FRIDAY	1:00 - 2:30 PM	2:30 - 3:30 PM

JAZZ	ADVANCED JAZZ consent of instructor required
MONDAY	8:15 - 9:30 PM

MODERN	GRAHAM	HUMPHREY
TUESDAY	8:15 - 9:30 PM	
WEDNESDAY		8:15 - 9:30 PM
THURSDAY	8:15 - 9:30 PM	

**Stretch & Tone Package** - pay \$50.00 for the Summer Session, come as often as you like.  
 Schedule follows:

STRETCH & TONE	
MONDAY	12:00 - 12:45 PM
WEDNESDAY	12:00 - 12:45 PM
FRIDAY	12:00 - 1:00 PM

### FEE SCHEDULE

*New Student Summer  
 Registration Fee \$25.00*

CLASSES PER WEEK	COST PER SESSION
1	\$125
2	\$235
3	\$330
4	\$420
5	\$485
6	\$515
7	\$555
8	\$585
9	\$605
10 & UP	\$620

### UNIFORM REQUIREMENTS FOR BALLET 8, 9, 10, 11

**BALLET:** pink or flesh-toned tights, black tank leotard, black bike shorts, pink or flesh-toned ballet shoes

**JAZZ:** black tank leotard, black jazz pants, black jazz shoes

**MODERN:** black tank leotard, convertible tights

## Ballet 9, 10, and 11 Classes

Ballet 9: Three Technique Classes; Three Pointe Classes  
 Ballet 10: Four Technique Classes; Four Pointe Classes  
 Ballet 11: Five Technique Classes; Five Pointe Classes  
 Requirements for any Ballet 9, 10, 11 Level Classes: Consent of Instructor. Dancers who do not take pointe and who wish a modern or jazz emphasis must have their schedules approved by Stephanie Clemens prior to completing registration.

**NO CLASS ON THURSDAY, JULY 4TH**

BALLET 9	BALLET 9	POINTE 3
MONDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
TUESDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
WEDNESDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
FRIDAY	1:00 - 2:30 PM	2:30 - 3:30 PM

BALLET 10	BALLET 10	POINTE 4
MONDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
TUESDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
WEDNESDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
THURSDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
FRIDAY	3:30 - 5:00 PM	5:00 - 6:00 PM

BALLET 11	BALLET 11	POINTE 5
MONDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
TUESDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
WEDNESDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
THURSDAY	5:30 - 7:00 PM	7:00 - 8:00 PM
FRIDAY	3:30 - 5:00 PM	5:00 - 6:00 PM

JAZZ	ADVANCED JAZZ consent of instructor required
MONDAY	8:15 - 9:30 PM

MODERN	GRAHAM BALLET 8, 9, 10, 11	HUMPHREY
TUESDAY	8:15 - 9:30 PM	
WEDNESDAY		8:15 - 9:30 PM
THURSDAY	8:15 - 9:30 PM	

**Stretch & Tone Package** - pay \$50.00 for the Summer Session, come as often as you like. Schedule follows:

STRETCH & TONE	
MONDAY	12:00 - 12:45 PM
WEDNESDAY	12:00 - 12:45 PM
FRIDAY	12:00 - 1:00 PM

**Uniform Requirements:** See Page 6 ←  
**Fee Schedule:** See Page 6 ←

## Ballet Levels at the Academy

All levels of dance, other than those stating “no previous training,” require the recommendation of the Academy teacher in the highest level completed, or the consent of the instructor based on a placement class.

**Ballet Levels:** We offer three Introduction to Ballet levels and eleven progressive levels of Ballet following the Introduction level.

**Jazz Levels:** We offer progressive levels of Jazz. In summer we combine some levels, in the fall there are seven levels.

**Pointe Levels:** There are five levels of Pointe, plus one prepointe level. Admission to these classes is only by recommendation or consent of the instructors.

**Modern Levels:** During the summer for younger dancers modern is part of the Young Dancers Intensives; for older dancers there is an Advanced Humphrey class and Advanced Graham.

BALLET LEVEL	AGE	REQUIRED PREVIOUS TRAINING	BALLET CLASSES PER WEEK	POINTE CLASSES PER WEEK	MODERN CLASSES PER WEEK
INTRO 1	3-4	NONE	1		
INTRO 2	4-5	NONE	1		
INTRO 3	5-6	NONE	1		
1	6-8	NONE	1		
2	7-9	1 YEAR	1		
1/2A	9-12	NONE	1		
3	8-10	2 YEARS	2		
4	9-11	3 YEARS	2		
3/4A	10-13	4 YEARS	2		
5	10-13	4 YEARS	2		1
6	11-14	5 YEARS	3	2	1
7	11-15	6 YEARS	3	2	1
8	12-15	7 YEARS	3	3	Highly Recommended
9	13-16	8 YEARS	3	3	Highly Recommended
10	15-18	9 YEARS	4	4	Highly Recommended
11*	15-18	9+ YEARS	5	5	Highly Recommended

\* Ballet 11 participation requires nine or more years of experience, including one or more year at level 9, or consent of the instructor.

## Summer Faculty and Staff

A.R.T.S.

MAUREEN FAHEY  
ANJA RIIS WACHTER

DOWNSTAIRS DIRECTOR, MUSIC  
UPSTAIRS DIRECTOR, ART,  
CULTURAL AWARENESS, LITERATURE

TERESA DEZIEL

CREATIVE MOVEMENT

RACHEL KUHR

DANCE

JULIE SEILER

PHYSICAL FITNESS

MELISSA TAUB

CREATIVE MOVEMENT, PHYSICAL FITNESS

RUTH TAZELAAR

ART

CAROLINE TEDESCO

PHYSICAL FITNESS

AIDES: LUCY HUNTER BRY, ISABELLA GINTER,  
HELÉNA GORGOL

### DANCE

STEPHANIE CLEMENS

DIRECTOR, BALLET

MEI KUANG CHEN

BALLET, MODERN, STRETCH

SARITA SMITH CONNELLY

JAZZ

TERESA DEZIEL

BALLET

LAURA GALLARDO BRAND

BALLET

DEB GOODMAN

MODERN ~ GRAHAM TECHNIQUE

ANNE MARIE LOESCH

HUMPHREY

PATRICIA ROTHENGASS

DANCE EXPLORERS

GINA SIGISMONDI

BALLET, JAZZ, DANCE EXPLORERS

CAROLINE TEDESCO

BALLET, DANCE OF THE DECADES,  
DANCE EXPLORERS

JP TENUTA

BALLET, STRETCH

JULIA WOLLRAB

BALLET

### MUSIC

PATRICIA WILKEN

DIRECTOR, PIANO, VOICE

MARK ANDERSON

GUITAR

JENNIFER WILHELMS

FLUTE

CHARLIE CARPENTER

ACCOMPANIST

SOPHIA GORODETSKAYA

ACCOMPANIST

JONATHAN SCHANG

ACCOMPANIST

ELENA TUMANOVA

ACCOMPANIST

GALINA VOYTSEKHOVSKAYA

ACCOMPANIST

### ADMINISTRATION

STEPHANIE CLEMENS

EXECUTIVE DIRECTOR

KARI FARKVAM

ADMINISTRATOR

RACHEL GORGOL

BUSINESS DIRECTOR

ANITA KENNEY

EXECUTIVE DIRECTOR, *MOMENTA*

BRIGID ANDERSON

OFFICE SUPPORT

TERESA DEZIEL

OFFICE SUPPORT

MICHELLE JOHNSTON

OFFICE SUPPORT

PATRICIA ROTHENGASS

OFFICE SUPPORT

# Academy Policies

IF UNDER 18, PARENT MUST COME INTO THE BUILDING TO REGISTER STUDENT

## 1. Registration and Tuition Policies

- A. Dance Summer Session – Seven weeks. Tuition is payable in full at the time of registration. No refunds will be issued.
- B. Music Summer Session (May 20 - July 26). Tuition is due the first week of the session.

## 2. Missed Classes - NO CREDIT OR REFUND WILL BE GIVEN FOR MISSED CLASSES IN DANCE OR PRESCHOOL.

Dance classes **must** be made up within the session. Finding an appropriate make-up class is the responsibility of the student, not the Academy. It is possible to “make-up” a class in advance or to take jazz to make up a ballet class, or vice versa. There are not make-ups for Pre-School A.R.T.S. classes.

**Music Department Credits** – To assure a credit, a 24 hour notice is required to cancel a lesson. Other credits are issued at the teacher’s discretion.

## 3. Canceled Classes

The Academy reserves the right to cancel classes.

## 4. NO OTHER REFUNDS WILL BE GIVEN.

Once you have registered for a class/program, no refunds will be issued for any reason.

## 5. Class Observation

Observation of any Academy class is by appointment only and must be arranged in advance through the office. Children under 18 years of age must be accompanied by a parent or their guardian while observing classes, or must have the parent or guardian make an appointment through the office. Consent of the teacher is necessary for all observations.

## 6. Registration Fee

There is a \$25.00 new student summer registration fee.

## 7. Charges

There is a 5% service charge on unpaid balances carried after the fifth of each month or the first class of each session, and \$10.00 service charge for returned checks.

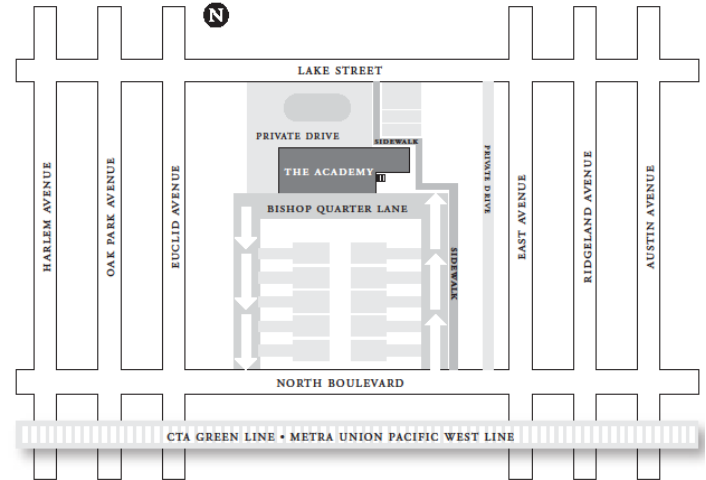
## 8. The Academy admits all applicants without regard to race, gender identity, color, sexual orientation, religion, national origin, marital status, or disability.

## 9. No gum or nuts are ever allowed in the building.

The Academy is a **NUT FREE, GUM FREE ZONE**. **NO NUTS** or anything made with nut products are allowed in the building.

Policies are subject to change.

# Traffic Regulations



**The Academy is located in a densely packed residential neighborhood. The high school playing fields are nearby and they, along with the Academy, generate a great deal of traffic. Please follow these rules to help the Academy stay on good terms with our neighbors AND FOR THE SAFETY OF ALL THE CHILDREN!**

Please comply with these traffic Regulations!

1. Academy traffic **must travel ONE WAY** on Bishop Quarter Lane – entering on the east side of the U shaped drive by turning **RIGHT** as you drive west. Please **do not turn left from North Blvd** as you travel east. **For the safety of all, traffic should never move on the drive at more than 5 miles per hour.**

2. If you are **picking up** your student, you may join the carpool lane on the east side of our drive - this lane is intended to be slow moving at all times. Please **DO NOT COME EARLY** and just sit in the driveway and **NEVER** leave your car unattended in that lane. Most students need a few minutes to get their belongings or change clothes after class; if you come early, you will not get your student earlier. You must stay in the east lane of the Bishop Quarter Lane until you see your student on the Academy steps. Please be aware that if a group of students exits the building at the same time, chances are the student of the person in front of you in line is also out and they will be moving forward to collect their student, so there will be no need for you to pull out of the east lane. If, however, the car in front of you does not move with the other cars, **when there is room to go around the curve and pull up to the pole**, you may move out of the east lane and go forward to get your student. **You must not stop in front of the neighbors’ drives while in the west lane.** Please yield right of way to any neighbor attempting to pull in or out of his/her drive.

3. If you are **dropping off** your student, coming 10 – 15 minutes before class starts to allow time for the student to change clothes is a good plan. You may travel in the west lane of the drive, but you must be very careful to pull up all the way to the pole and your student should be quickly ready to exit the car. This is not a good time for discussions. When our traffic piles up, blocking the whole driveway, our neighbors become very upset with the congested drive, especially if they need access to their driveways.

---

4. When walking your child to and from the Academy, **please use the sidewalk!** Do not walk in the middle of the driveway and **never walk across the neighbors' driveways or through their private courtyard.**

---

**5. PLEASE DROP OFF OLDER DANCERS OUT ON LAKE STREET TO WALK INTO THE ACADEMY.**

---

6. **Never enter into or park in the U-shaped drive to the north of our building off of Lake Street. This is private property, and although the neighbors are gracious about having our students walk from Lake Street, they have a very active towing service for non-resident cars. You will be towed!**

---

7. PARKING next to the Academy building or in front of the Academy garages is reserved for STAFF ONLY. Please do not park even for “just a minute” – **park only on Lake Street, East Avenue or in the METERED slots on North Blvd. Please do not pull into the townhome driveways at any time.**

---

8. **To accommodate our Preschool A.R.T.S. parents,** we have Academy staff available to greet and dismiss children whose parents choose to use our carpool system during preschool hours.

---

9. **Failure to comply with these regulations may result in your student's dismissal from the Academy. The rules apply to everyone, and keeping a good relationship with our neighbors is important to the Academy!**

THANK YOU FOR YOUR COOPERATION.